

Kofarest D X

Composition

Each 5 ml of **Kofarest D X** contains:

Dextromethorphan hydrobromide	10 mg
Chlorpheniramine maleate	2 mg
Menthol	1.5 mg

Pharmacology

Dextromethorphan hydrobromide in **Kofarest D X** is an antitussive agent. It is comparable to codeine in depressing the cough reflex. It has no expectorant action. Chlorpheniramine is an antihistamine with less pronounced sedative effects. It is considered effective in relieving nasal discharge and sneezing associated with the common cold. Menthol is chiefly used to relieve symptoms of bronchitis, sinusitis and similar conditions.

Indications

Kofarest D X is indicated for,

- Non-productive cough due to smoking, allergy, eosinophilia, bronchitis, tuberculosis and whooping cough.

Contraindications

The use of **Kofarest D X** is contraindicated in patients with hypersensitivity to any ingredient of the formulation.

Kofarest D X is also contraindicated in patients with asthmatic attacks or severe cardiovascular disorders.

Precautions

Kofarest D X may cause drowsiness. Therefore, it is advisable not to operate machinery or drive when on this medication.

Pregnancy & Lactation

The safety of use of **Kofarest D X** in pregnancy and lactation has not been established. Therefore, use only when clearly indicated.

Drug Interactions

Clinically significant drug interactions may occur on concomitant use of **Kofarest D X** with antihypertensive agents, alcohol or other central nervous system depressants.

Adverse Effects

Adverse events associated with the use of **Kofarest D X** are rare. It may occasionally cause nausea, vomiting or gastrointestinal disturbance. Other possible adverse reactions include rash or itching, drowsiness, excitability, nervousness, restlessness, sleeplessness, dizziness and palpitations.

Dosage & Administration

The usual recommended dose of **Kofarest D X** in adults is 5-10 ml *tid*. The usual recommended dose of **Kofarest D X** in children 6-12 years of age is 1-2 teaspoonful *tid*, and in children 2-6 years of age is ½-1 teaspoonful *tid*.

Presentation

Kofarest D X is available in a bottle of 60 ml.