

OcuBless[®] Plus

Multivitamins and Minerals Tablets

PRODUCT FAQ'S

1.What is Ocubless Plus Tablet?

Ocubless Plus Tablets are specially designed nutritional supplements comprising of multivitamins and multiminerals along with Lutein and Zeaxanthin which are beneficial for ocular health.

Each film coated Tablet contains:

Calcium carbonate Eq. to Calcium	100 mg
Light magnesium oxide Eq to Magnesium	50 mg
Di Calcium phosphate (Phosphorous)	7 mg
Vitamin C	65 mg
Vitamin E acetate	10 mg
Zinc (Zinc sulphate)	11.5 mg
Calcium pantothenate	5 mg
Thiamine mono	1.4 mg
Riboflavin	1.7 mg
Vitamin B6	1.9 mg
Folic acid	176 mcg
Vitamin A Acetate	150 mcg
Lutein	5 mg
Zeaxanthin	1 mg
Lycopene 10%	300 mcg
Copper (copper sulphate pentahydrate)	1 mg

Vitamin B12	2.2 mcg
Biotin	30 mcg
Potassium Iodide (Iodine)	70 mcg
Chromium Picolinate (Chromium)	50 mcg
Sodium Molybdate (Molybdenum)	45 mcg
Sodium Selenate (Selenium)	40 mcg
Vitamin K2-7	30 mcg
Vitamin D2	10 mcg
Manganese	1 mcg
Niacinamide	11 mcg

1. How does Ocubless Plus Tablet work?

Most of the vitamins present in Ocubless Plus Tablet are antioxidant in nature and the minerals act as catalysts to stimulate the natural antioxidants in the body. Also lutein and zeaxanthin that are present in the macula of the eye and have an antioxidant property.

3.What is the dosage form?

Ocubless plus comes in the form of a Tablet

4. Where is Ocubless Plus Tablet indicated?

- 1.General multivitamin for the eye(adults)
- 2.Blue light syndrome
- 3.Myopia
- 4.Eye fatigue

5. Who should take Ocubless Plus Tablet?

In digital era, that too with poor eating habits one needs vitamins and minerals supplement for good eye health, while many supplements are available for physical and mental health, very

few supplements are available for eye health. Oclubless Plus Tablet is for adults who are exposed to blue light frequently through digital devices.

6.What is Computer vision/Blue light syndrome?

Computer vision syndrome also referred to as digital eyestrain, describes a group of eye and vision related problems that result from prolonged computer, Tablet usage in e-readers and cell phone users etc.

7.What is Myopia?

Myopia, commonly referred to as shortsightedness, is a common cause of visual disability throughout the world. In myopia, the image is focused in front of the retina because the cornea or lens curvature is too strong or axial myopia.

8.What are the related symptoms with Computer Vision syndrome?

The most common symptoms associated with CVS or digital eyestrain are:

- Eyestrain
- Headaches
- Blurred vision
- Dry eyes
- Neck and Shoulder pain

9.What are the precautions to be taken while using Oclubless Plus Tablet?

No special precautions are required while using Oclubless Plus Tablet. Only if one develops hypersensitivity to any of the contents of Oclubless Plus Tablet, inform your health care professional.

10. How long one must take Oclubless Plus Tablet?

One can take one Tablet per day as prescribed by the Physician, certified Dietician/Nutritionist

11. Will Oclubless Plus Tablet reverse the ocular symptoms related to digital eyestrain?

Oclubless Plus Tablet has unique blend of ingredients that act by counteracting the damaging effects of blue light, it has antioxidants that prevents free radical injury thus protects the eye and therefore helps to delay the further progression of the ocular diseases associated with free radical injury.

12. What are the benefits of Ocubless Plus Tablet?

- A. Defend against free radicals and oxidative stress
- B. Enhance the sharpness of vision
- C. Improve your visual contrast sensitivity
- D. Reduce glare impairment
- E. Protect eye tissues from sunlight damage /blue light from digital devices.
- F. Protect against near sightedness (myopia) .

13. How Ocubless Plus Tablet is different from other multivitamins that are available in market?

Several nutritional supplements containing antioxidants are available for better eye health. Ocubless Plus Tablet consist of ingredients that are beneficial in eye health in specific. Research says that risk of developing an eye disease increases as one get older and there is evidence that lutein and zeaxanthin along with other antioxidants may provide benefit related to the eye conditions like blue light syndrome, myopia, eye fatigue etc.

14. Are there side effects with consumption of Ocubless Plus Tablet for longer period?

There are very few side effects associated with lutein and zeaxanthin supplements.

Store in dry place at a temperature not exceeding 25-degree C. Avoid excessive heat.

