

Prebiotic Tablets

NEFROFIBRE™



नेफ्रोफायबर

PREBIOTIC FOOD



Ingredients:

Inulin, Oat (Beta Glucan), Diluent (460 & 341) Arabinogalactan, Mushroom (Beta Glucan), Xylo-oligosaccharide, Yeast (Beta Glucan), Yeast Products, Antisticking agent (570 & 470), Anticaking agent (551), Disintegrant (468).

Nutritional Information (approx) :

	Per 100 gm	% of RDA per serve
Energy value (kcal)	217	0.15
Protein (g)	3.20	–
Carbohydrates (g)	80.60	–
- Total Sugar (g)	2.70	–
- Added Sugars (g)	0.0	0.0
Dietary fibre (g)	67.90	–
Total Fat (g)	1.96	0.04
- Saturated Fat (g)	1.96	0.12
- Trans Fat (g)	0.0	0.0
Sodium (mg)	236	0.16

1) What is NEFROFIBRE?

NEFROFIBRE is a proprietary blend of prebiotics consisting of concentrated dietary multi fibres like Inulin, Xylooligosaccharide, Arabinogalactan, Di Calcium Phosphate, microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, silicone dioxide amorphous, Magnesium Stearate and oat, yeast, mushroom Beta-glucan. Beta-glucans are polysaccharides made up of connected glucose units, derived from the cell walls of bacteria, fungi, yeasts, and some plants. Inulin is a type of prebiotic. It is not digested or absorbed in stomach. It stays in the bowel and helps certain beneficial bacteria to grow.

2) What are the benefits of NEFROFIBRE?

Gut health is becoming increasingly important. Your gut is considered your second brain, so it is important to start taking care of your gut today. If the gut balance can be restored through repopulating the good bacteria, the gut can become healthy again.



3) Who should take NEFROFIBRE?

Diet enriched with prebiotics (fibres) is to improve overall wellness of an individual. Wellness begins with good health, which, in turn means having a healthy gut microbiome. 80-85 % of the immune system resides in the gut, so a healthy gut equals a healthy you. If the gut balance can be restored through repopulating the good bacteria, the gut can become healthy again.

4) How NEFROFIBRE is different from other brands that are available in market?

Most store-bought fibre products are mono-fibres. However, NEFROFIBRE is a mixture of concentrated Multifibre supplement made with Functional Fibres. Functional Fibres help create Short Chain Fatty Acids (SCFAs) in the colon. SCFAs have cholesterol reducing properties.

5) Are there any side effects with NEFROFIBRE tablets?

Prebiotics or dietary fibres are generally recognized as safe for consumption. Side effects, if they occur, are mild (such as gas or flatulence and diarrhoea or loose motions) and usually disappear after two or three weeks of continuous usage.

6) Are there contraindications to use NEFROFIBRE?

There is no absolute contraindication. Any person who develops hypersensitivity or allergy to any of the ingredients of NEFROFIBRE should discontinue tablets immediately.

7) What are the precautions to be taken while using NEFROFIBRE?

No special precautions are required while using NEFROFIBRE. Only if person develops hypersensitivity or allergy to any of the contents of NEFROFIBRE do not use NEFROFIBRE, and inform your health care professional.

8) How does NEFROFIBRE work?

NEFROFIBRE daily may help the "good" bacteria in the gut, as it helps with intestinal flora maintenance. It provides a food source for the "good bacteria," allowing them to expand and effectively taking away space from the "bad bacteria." This action may even help stimulate the immune system and kick it into action. It is important to remember that a balanced diet and daily exercise will also contribute to a healthy gut microbiome and balanced immunity.

9) What is the duration of therapy?

Duration of therapy is preferably long-term. Consult your health care professional for further information.

10) How may tablets of NEFROFIBRE has to be taken in a day?

Four tablets to be taken in a day, preferably two tablet twice a day.

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