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Alpha Lipoic acid	200 mg
Ginkgo biloba	120 mg
Chromium Picolinate equivalent to elemental chromium	1.66 mg
Methylcobalamin	1500 mcg
Zinc sulphate monohydrate equivalent to elemental zinc	12 mg
Vitamin B6	3 mg
Vitamin C	30 mg
Vitamin E	10 IU
Elemental magnesium	10 mg

### **1. What is Otocap?**

Otocap is supplement containing antioxidant, vitamin, mineral and phytochemicals for maintaining overall ear health.

### **2. How does Otocap works?**

Production of free radical molecules in ear damages the delicate hair cells of the inner ear. Since these hair cells are needed to transmit sound from the ear to the brain, this damage can result in hearing loss.

Vitamin E , Vitamin C, Vitamin B6, Methylcobalamin, Magnesium, Chromium and zinc helps block the activity of these cell-damaging molecules. Ginkgo biloba keeps the blood vessels relaxed, allowing adequate blood to flow throughout the body, including through the vessels in the inner ear. Alpha Lipoic acid (ALA) is a potent antioxidant with anti-inflammatory activity.

### **3. Who should take Otopcap?**

Otopcap is a supplement for person with hearing loss (due to age, noise or drugs), Meniere's disease, Vertigo and tinnitus

### **4. What is sensorineural hearing loss?**

Sensorineural hearing loss is a reduction in sound sensitivity and is roughly divided into two types: acquired hearing loss and inherited hearing loss.

### **5. What are the precautions to be taken while using Otopcap?**

Do not take this medication with milk, other dairy products, calcium supplements, or antacids that contain calcium. Calcium may make it harder for your body to absorb certain ingredients of the multivitamin.

### **6. How long one must take Otopcap?**

One can take one capsule per day as prescribed by the Physician.

### **7. Will Otopcap reverse the symptoms related to hearing loss?**

Otopcap has unique blend of ingredients that act by blocking the activity of these cell-damaging molecules in ear. Thus, help or improve common hearing conditions such as age-related hearing loss, ear infections and tinnitus (ringing in the ears).

### **8. What are the benefits of Otopcap?**

Otopcap is supplement containing natural ingredients hence chances of side effects in person are very low.

### **9. How Otopcap is different from other multivitamins that are available in market?**

Otopcap contains all beneficial ingredients for treatment of sensorineural hearing loss in appropriate beneficial amounts and contains Ginkgo biloba which takes care of decrease blood to cochlea.

### **10. Are there side effects with consumption of Otopap?**

Otopap can cause nausea, abdominal cramps, fatigue, headaches, diarrhoea, kidney stones, low blood sugar--headache, hunger, weakness, sweating, confusion, irritability, dizziness, fast heart rate, skin rash or feeling jittery.

### **11. Who can take Otopap?**

Adult population with hearing loss due to age or any other reason can take Otopap to preserve the joy of hearing.

### **12. How to store Otopap?**

Store in cool and dry place.

**Manufactured by:** Ishaana Nutraceuticals Pvt. Ltd

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