

# Hintonia Latiflora, Multivitamins and Multiminerals Capsules

## NutriWound™



### न्यूट्रीवूंड

FOOD FOR SPECIAL DIETARY USE

Centaur

Each cellulose capsule contains:		% RDA
Vitamin C	65 mg	81.25
Hintonia latiflora	50 mg	*
Zinc (As Zinc Sulphate Mono)	12 mg	70.59
Vitamin E	10 mg	100.00
Vitamin B6	2 mg	83.33
Copper	1.7 mg	100.00
Vitamin B2	1.4 mg	56.00
Vitamin B1	1.2 mg	66.67
Chromium Picolinate	200 mcg	48.00
Folic Acid	100 mcg	56.67
Selenium	40 mcg	100.00
Vitamin D	400 IU	66.67
Cyanocobalamin	2.2 mcg	100.00
* % RDA not established.		

**Ingredients:** Vitamin C, Hintonia latiflora, Zinc (As Zinc Sulphate Mono), Vitamin E, Vitamin B6, Copper, Vitamin B2, Vitamin B1, Chromium Picolinate, Folic Acid, Selenium, Vitamin D, Cyanocobalamin, Glidant [INS 470 (iii)], [INS 553 (iii)], Carrier [INS 551], [INS 462], Lactose, Binding agent [INS 1201], Bulking agent [INS 460 (i)].

Nutritional Information		%RDA
Each serving of 0.345 g (one capsule) contains (approx. value)		
Energy ^	0.546 Kcal	0.027
Carbohydrate	0.132 g	0.101
Fat ^	0.002 g	0.002
Sugar ^	0.000 g	0.000
Protein	0.000 g	0.000
Sodium ^	3.140 mg	0.157

^ % RDA per serving for average adult per day (FSSAI labeling & display regulation 2020)

% RDA calculated based on ICMR guidelines 2020 for moderate work men.

#### 1. What are Nutriwound capsules?

Nutrition often is not the first thing clinicians think about when treating patients with an ulcer or wound, but it is a critical component of the wound healing process. Nutrition is connected to every facet of healing, including immune function, new cell formation, glycemic control, and physical ability. Nutriwound capsules is a formula that addresses nutrition issues with patients while providing their wound treatment. It also helps to boost the healing process.

#### 2. How does Nutriwound capsules works?

Wound healing is a complex and dynamic process of replacing devitalized and missing cellular structures and tissue layers. Components of Nutriwound supports the different stages of healing.

Vitamin C is involved in all phases of wound healing. Vitamin C is essential to counteract the production of free radicals in damaged cells.

In diabetic patients elevated A1c i.e., high blood glucose levels are significantly associated with a poor wound healing rate and increased susceptibility to infections. The herb Hintonia latiflora in Nutriwound act

as key ingredient for supporting blood sugar health and thus accelerating the process of healing. Chromium picolinate is also essential for healthy insulin function.

Vitamin A stimulates epidermal turnover, increases the rate of re-epithelialization, and restores epithelial structure of skin. It has the unique ability to reverse the inhibitory effects of anti-inflammatory steroids on wound healing.

Zinc plays a major role in regulating every phase of the wound healing process, ranging from membrane repair, oxidative stress, coagulation, inflammation and immune defence, tissue re-epithelialization, angiogenesis, to fibrosis/scar formation. Copper is added in formulation to overcome copper deficiency which may be as result of zinc.

Supportive B vitamins in Nutriwound are essential cofactors in enzyme reactions involved in leukocyte formation and in anabolic processes of wound healing. They are also required for the synthesis of collagen.

Vitamin D can affect wound healing by increasing the production of epidermal and platelet growth factors.

Vitamin E is one of the major antioxidants present in skin. Antioxidants play an important role in reducing inflammation and increasing collagen production. Antioxidants play an important role in reducing inflammation and increasing collagen production.

Selenium act as antioxidant and thus protecting the cells from free radicals.

#### 3. Who should take Nutriwound capsules?

Nutriwound capsules is a supplement for a person suffering with an ulcer or wound along with diabetes, wound in general or non-healing wound, for supporting and accelerating the process of healing.

#### 4. What does wound and wound healing means?

A skin wound results from the breakdown of the epidermal layer (outermost layer of skin) integrity. Wound healing mostly means healing of the skin. This process is divided into predictable phases: blood clotting (haemostasis), inflammation, tissue growth (cell proliferation), and tissue remodelling (maturation and cell differentiation). The wound healing process is not only complex but fragile, and it is susceptible to interruption or failure leading to the formation of non-healing chronic wounds. Factors that contribute to non-healing chronic wounds are diabetes, venous or arterial disease, infection, and metabolic deficiencies of old age.

#### 5. What are the precautions to be taken while using Nutriwound capsules?

No special precautions are required while using Nutriwound capsules. Only if you are hypersensitive or allergy to any of the contents, do not use Nutriwound capsules and inform the health care professional.

#### 6. How to take Nutriwound capsules

One capsule before meals once a day.

#### 7. How long one must take Nutriwound capsules?

Nutriwound capsules is to be taken as long as directed by health care professional

#### 8. Can Nutriwound capsules replace wound healing therapies?

Nutriwound capsules is not a substitute to mainstay therapy. It is used along with therapies followed by healthcare professional to boost the process of healing.

#### 9. What are the possible benefits?

An optimal diet alone usually is adequate to meet all the vitamin and mineral requirements of healthy individuals. Unfortunately, not many people consume an optimal diet every day, and most patients with healing ulcers or wounds have increased needs for specific vitamins and/or minerals. A supplement can fill any gaps and acts as a good insurance policy. Nutriwound supplement may ensure proper and faster healing through the expected stages by providing the essential nutrients.

#### 10. Are there side effects with consumption of Nutriwound capsules?

Most of the ingredients in nutriwound are generally regarded as safe. Side-effects are minimal or rare, hypoglycaemic episodes or worsening of symptoms are recorded in literature for ingredients of Nutriwound.

#### 11. How to store Nutriwound capsules?

Store in a dry, well-ventilated place at a temperature not exceeding 30°C.

Protect from light and moisture.

Keep out of reach of children

Manufactured by: Ishaanav Nutraceuticals Pvt. Ltd.

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For Feedback/Queries contact: Product Manager,

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