

SINAREST/SINAREST-PD Nasal Drops

Composition

Each ml of **SINAREST Nasal Drops** contains:

Oxymetazoline hydrochloride 0.5 mg

Each ml of **SINAREST-PD Nasal Drops** contains:

Oxymetazoline hydrochloride 0.25 mg

Pharmacology

Oxymetazoline in **SINAREST/SINAREST-PD Nasal Drops** is a long acting and topical nasal decongestant. It acts by stimulating the α -adrenergic receptors of the vascular smooth muscle. This leads to constriction of the dilated arteriolar network within the nasal mucosa and thus reduces blood flow in the engorged edematous nasal area. The constriction results in shrinkage of the engorged mucous membrane, which promotes drainage, improves nasal ventilation and relieves the feeling of stuffiness.

SINAREST/SINAREST-PD Nasal Drops produce rapid, long lasting and predictable nasal decongestant effect.

Indications

SINAREST/SINAREST-PD Nasal Drops are indicated for,

- Relief of nasal congestion due to a cold, upper respiratory allergies or sinusitis.

Contraindications

The use of **SINAREST/SINAREST-PD Nasal Drops** is contraindicated in patients with known hypersensitivity to its ingredient.

Precautions

SINAREST/SINAREST-PD Nasal Drops should be administered with caution in patients with hypertension, coronary artery disease, hyperthyroidism or diabetes mellitus.

As with formulations, the use of the same packing of **SINAREST/SINAREST-PD Nasal Drops** by more than one person may spread infection.

Pregnancy & Lactation

The safety of use of **SINAREST/SINAREST-PD Nasal Drops** in pregnancy and lactation has not been established. Therefore, use only when clearly indicated.

Drug Interactions

Clinically significant drug interactions may occur on concomitant administration of **SINAREST/SINAREST-PD Nasal Drops** with monoamine oxidase inhibitors, tricyclic antidepressants, β -adrenergic agents, methyldopa, reserpine and veratrum alkaloids.

Adverse Effects

SINAREST/SINAREST-PD Nasal Drops may occasionally cause local stinging or burning sensation, sneezing, and dryness of the mouth and throat. Prolonged use may cause rebound congestion and drug induced rhinitis.

Dosage & Administration

The usual recommended dose of **SINAREST Nasal Drops** in adults is 2-3 drops into each nostril *bid*.

The usual recommended dose of **SINAREST Nasal Drops** in children above 6 years of age is 1 drop into each nostril *bid*.

The usual recommended dose of **SINAREST-PD Nasal Drops** in infants is 1 drop into each nostril *bid* and in those below 6 years of age is 2-3 drops into each nostril *bid*.

Presentation

SINAREST/SINAREST-PD Nasal Drops are available in a bottle 10 ml with calibrated dropper.