

SINAREST-AF

Composition

Each 5 ml of **SINAREST-AF Syrup** contains:

Pseudoephedrine hydrochloride	30 mg
Chlorpheniramine maleate	2 mg
Menthol	1 mg

Each ml of **SINAREST-AF Drops** contains:

Pseudoephedrine hydrochloride	15 mg
Chlorpheniramine maleate	1 mg

Pharmacology

SINAREST-AF contains a clinically proven oral decongestant Pseudoephedrine along with antihistamine Chlorpheniramine. Pseudoephedrine is a sympathomimetic agent, which provides prompt relief of nasal and sinus congestion.

Chlorpheniramine in **SINAREST-AF** helps provide relief of itchy and watery eyes, runny nose, sneezing, itching of the nose or throat due to respiratory allergies. The menthol in **SINAREST-AF Syrup** has a cooling and soothing effect. All the ingredients of **SINAREST-AF** are pharmacokinetically compatible.

Indications

SINAREST-AF is indicated in afebrile respiratory conditions for,

- Relief of nasal and sinus congestion.
- Relief of allergic symptoms of the nose or throat due to upper respiratory allergies.
- As an adjunct with antibacterials in sinusitis, tonsillitis, otitis media and post-operatively after tonsillectomy.

Contraindications

The use of **SINAREST-AF** is contraindicated in patients with hypersensitivity to any ingredient of the formulation.

Precautions

In case a hypersensitivity reaction occurs which is rare, **SINAREST-AF** should be discontinued.

SINAREST-AF should be used with caution in patients with renal or hepatic dysfunction, diabetes mellitus, hyperthyroidism, cardiovascular problems, epilepsy and closed angle glaucoma.

Drug Interactions

Clinically significant drug interactions may occur on concomitant administration of **SINAREST-AF** with monoamine oxidase inhibitors, tricyclic antidepressants, β -adrenergic agents, methyldopa, reserpine and veratrum alkaloids.

Adverse Reactions

SINAREST-AF is generally well tolerated and adverse events are rare. Hypersensitive individuals may display ephedrine-like reactions such as tachycardia, palpitations, headache, dizziness and nausea. Use of sympathomimetics has been associated with fear, anxiety, restlessness, tremor, weakness, dysuria, insomnia, hallucinations and convulsions. Chlorpheniramine in **SINAREST-AF** may cause sedation.

Dosage & Administration

The usual recommended dose of **SINAREST-AF Syrup** in children is as under:

<i>Under 6 years</i>	:	<i>2.5-5 ml tid.</i>
<i>Above 6 years</i>	:	<i>5-10 ml tid.</i>

The usual recommended dose of **SINAREST-AF Drops** in infants is as under:

<i>1-6 months</i>	:	<i>0.2 ml tid or qid.</i>
<i>7-12 months</i>	:	<i>0.2-0.4 ml tid or qid.</i>
<i>1 to 2 years</i>	:	<i>0.4-0.8 ml tid or qid.</i>

Presentation

SINAREST-AF Syrup is available in a bottle of 60 ml with a measuring cup.

SINAREST-AF Drops is available in a bottle of 15 ml with a calibrated dropper.