

## KOFAREST - H

**Introduction:** KOFAREST - H is a natural herbal formulation validated by CASTLE technology. The ingredient rationale of KOFAREST - H is backed by extensive scientific research in harmony with ancient Ayurvedic scriptures.

### Composition:

Each 5ml consists standardized extracts of

### Formulation:

No.	Sanskrit	Latin	Config.
1	Adulsa	Adhatoda vasica	150
2	Kantakari	Solanum xanthocarpum	125
3	Tulsi	Ocimum sanctum	125
4	Pippali	Piper longum	100
5	Jyesthamadh	Glycyrrhiza glabra	75
6	Haridra	Curcuma longa	50
7	Shirish	Albizzia lebeck	50
8	Dalchini	Cinnamomum cassia	5
9	Madhu	Honey	400

**Pharmacology:** KOFAREST - H is beneficial in both productive as well as dry cough. The mucolytic and expectorant ingredients of KOFAREST - H reduce viscosity of bronchial secretions thereby facilitating expectoration. The antitussive ingredients in KOFAREST - H such as Jyesthamadh, Adulsa and Madhu provide instant relief from cough because of their soothing reaction on throat. KOFAREST - H also contains bronchodilators like Kantakari and Adulsa, which help easy breathing without palpitation as they also exhibit cardioprotective action. Shirish, Haridra and Pippali are proven antiallergics in KOFAREST - H, which stop allergic mechanisms of cough without causing drowsiness. KOFAREST - H also has 6 antioxidants with respiratory selectivity to prevent respiratory cellular damage and speedy recovery. The immunomodulatory activity KOFAREST - H ensures long-term immunity against recurrence of respiratory tract infections. KOFAREST - H is an ideal combination. The ingredients are well absorbed after oral administration and provide prompt relief.

### Indications

KOFAREST - H is indicated in:

- ÿ Productive and non-productive cough of varied etiology
- ÿ Along with antimicrobials in respiratory tract infections
- ÿ Long-term use as respiratory immunomodulator.
- ÿ

**Contraindications:** None reported yet.

### **Precautions**

While treating cough as a symptom, it is important to make every effort to determine and treat appropriately the underlying cause, such as a specific infection. **Pregnancy & Lactation** The safety of each ingredient of KOFAREST - H syrup in pregnancy and lactation is documented.

### **Drug Interactions**

Concomitant use of KOFAREST - H with salbutamol and theophylline can offer rapid and prolonged relief. Similarly, the dosage of salbutamol and theophylline can be reduced by up to 50% or more as per evident clinical relief. KOFAREST - H contains Pippali, a unique bio - availability enhancer, which potentiates therapeutic effects of many other drugs such as theophylline, diclofenac, imesulide, vitamin B6, rifampicin, isoniazid and so on. Therefore, Kofarest - H can safely be prescribed with antimicrobials, anti-tubercular drugs as well as vitamins. **Adverse Reactions** There are no adverse reactions reported if Kofarest - H is taken in the prescribed dosage.

### **Dosage & Administration**

Children: 1 teaspoonful (5ml) 3 times a day or as directed by physician  
Adults: 2 teaspoonful (10ml) 3 times a day or as directed by the physician.

### **Presentation**

KOFAREST - H Syrup is available in a bottle of 100 ml.