

SENRITA

Introduction: -

SENRITA is a non-hormonal, safe medication designed for menstrual disorders such as dysmenorrhea, menorrhagia, metrorrhagia, irregular menses and oligomenorrhoea.

SENRITA is a safe natural herbal medication void of toxic heavy metals.

SENRITA is standardized on the WHO directives by virtue of **CASTLE technology innovated by Centaur Pharmaceuticals.**

The Menstrual Cycle is a Vital Sign if every woman. It indicates status of bone, heart and reproductive organs as well as long-term fertility. Menstruation is not a purely physical phenomenon but also has emotional, psychological and cultural factors attached to it. Approximately 50% of outpatients in a Gynaec OPD do manifest with some or the other menstrual disorder. The ingredient rationale of Senorita helps in resolving underlying pathologies that cause menstrual disorders.

SENRITA ingredients:

Sr.	Latin name	Common name	Content
1	Saraca indica	Ashok	250 mg
2	Symplocos Racemosa	Lodhra	250 mg
3	Withania Somnifera	Ashwagandha	150 mg
4	Asparagus Racemosus	Shatavari	100 mg
5	Nigella Sativa	Kalaonji	100 mg
6	Boerhaavia diffusa	Punarnava	50 mg
7	Mesua Ferrea	Nagkesar	50 mg
8	Terminalia Chebula	Haritaki	50 mg
9	Aloe Vera	Kumari	50 mg
10	Bombax Malabaricum	Shalmali	50 mg
11	Ferula Asafetida	Hingu	50 mg
12	Ficus Racemosa	Udumbar	50 mg
13	Dashmool-combined extract of 10 plants	Dashmool	250 mg

Pharmacology: -

The ingredient rationale of Senorita helps in resolving certain underlying diseases such as uterine inflammation.

Nagkesar, Shalmali, Udumbar, Lodhra in **SENRITA** have **Hemostyptic** action, which helps in reducing the blood loss by virtue of direct constrictive action on microcapillaries. Ashwagandha, Shatavari, Ashok, Lodhra, Dashmool in **SENRITA** improve the tone of uterine musculature, which results in general improvement in uterine health and relieves menorrhagia & metrorrhagia.

Ingredients like Kalaonji, Dashmool, Hingu, and Lodhra in **SENRITA** have analgesic and antispasmodic effect, hence **SENRITA** is useful in relieving painful spasms in dysmenorrhea.

SENRITA restores estrogen-progesterone milieu by virtue of action on HPO axis through ingredients like Kumari, Ashwagandha and Ashok. This helps in normalizing menstrual rhythm.

Ashwagandha, Shatavari, Kumari, Haritaki, Punarnava, Gokharu are antioxidants in **SENRITA**, which tackle oxidative stress due to free radicals, thereby preventing damage to the uterine tissue.

Senorita Indications:

1. 1. Dysmenorrhea
2. 2. Menorrhagia
3. 3. Metrorrhagia,
4. 4. Pre-menstrual syndrome
5. 5. Low back pain

Contraindications

None reported yet.

Precautions

There is no specific precaution, however, it is important to make every effort to determine and treat appropriately the underlying cause..

Pregnancy & Lactation

The safety study of **SENORITA** in pregnancy and lactation is not established.

Drug Interactions

No specific drug interaction.

Adverse Reactions

There are no adverse reactions reported if **SENORITA** is taken in the prescribed dosage.

Dosage & Administration

SENORITA is 2 teaspoonfuls three times a day or as directed by the gynecologist.

Presentation

SENORITA is available in 200ml pet bottle.