

RIKABA

Introduction: Centaur Pharmaceuticals are proud to introduce India's 1st Natural Herbal Antioxidant, **RIKABA**. **RIKABA** is a natural herbal formulation validated by **CASTLE** technology. The ingredient rationale of **RIKABA** is backed by extensive scientific research in harmony with great Ayurvedic scriptures.

Composition:

Each capsule consists standardized extracts of

Sr.	Latin name	Common name	Configuration
1	Terminalia arjuna	Arjun	500 mg
2	Withania Somnifera	Ashwagandha	200 mg
3	Bacopa Monniera	Brahmi	200 mg
4	Asphaltum	Shilajit	180 mg
5	Emblica Officinalis	Amala	180 mg
6	Terminalia Chebula	Haritaki	180 mg
7	Tribulus Terrestris	Gokharu	100 mg
8	Piper Longum	Pippali	80 mg
9	Aloe Vera	Kumari	80 mg
10	Curcuma Longa	Haridra	80 mg
11	Tinospora Cordifolia	Guduchi	80 mg
12	Ocimum Sanctum	Tulsi	50 mg
13	Picrorrhiza Kurroa	Kutaki	20 mg

Pharmacology

Off late, it has been discovered that free radicals play an important role in health and disease. They act at the cellular level and cause damage to cell wall, DNA, Mitochondria and T lymphocytes. By virtue of this, they not only destroy the cellular infrastructure but also result in immunocompromised state. The consequence is advancement of the disease and delayed recovery.

Free radicals are also known to cause aging of the tissues and significant reduction in vitality.

RIKABA is the 1st Natural herbal antioxidant of its kind. The ingredient rationale of **RIKABA** boosts body's natural antioxidant mechanisms such as SOD, GSH and Catalase.

RIKABA also offers direct action on various free radicals like superoxide, hydroxyl, ascorbyl, peroxy nitrite and singlet oxygen.

Following is a tabulated chart of **RIKABA** ingredients with their primary action

Category	Ingredients
Antioxidant	All 13
Immunomodulator	All 13
Cardioprotective	Arjun, Ashwagandha, Haridra, Tulsi, Shilajit, Kutaki
Adaptogenic	Ashwagandha, Brahmi, Tulsi, Haridra, Gokshura
Nootropic	Ashwagandha, Brahmi,
Neuroprotective	Ashwagandha, Brahmi, Haridra,
Gastroprotective	Amalaki, Haritaki, Guduchi,
Memory enhancer	Brahmi, Guduchi,
Stamina-builder	Gokshura, Shilajit, Ashwagandha,
Hepatoprotective	Amalaki, Arjun, Haridra, Guduchi, Pippali, Kumari, Gokshura,

The most innovative thing about **RIKABA** is the selective action of the ingredients. By virtue of this, **RIKABA** offers all-round protection to all the vital systems of the body.

The ingredients of **RIKABA** are well absorbed after oral administration and provide prompt relief.

Indications

1. As a **cardioprotective** in the management of atherosclerosis and ischemia-reperfusion induced cardiac injury
2. As a **neuroprotective** and **renoprotective** in the treatment of diabetes to prevent the complications such as retinopathy, neuropathy and nephropathy
3. Reduced physical efficiency, fatigue and debility of varied etiology
4. As an adjuvant in the treatment of chronic diseases like RA, Cancer, tuberculosis
5. Physical and mental stress

Contraindications

None reported yet.

Precautions

There is no specific precaution, however, it is important to make every effort to determine and treat appropriately the underlying cause..

Pregnancy & Lactation

The safety study of **RIKABA** in pregnancy and lactation is not established.

Drug Interactions

RIKABA contains Pippali, a unique bioavailability enhancer, which potentiates therapeutic effects of many other drugs such as theophylline, diclofenac, nimesulide, vitamin B6, and so on. Therefore, **RIKABA** can safely be prescribed with antimicrobials, anti-tubercular drugs as well as vitamins.

Adverse Reactions

There are no adverse reactions reported if **RIKABA** is taken in the prescribed dosage.

Dosage & Administration

1 capsule daily or as directed by the physician.

Presentation

RIKABA is available in blister pack of 10 capsules