

# **KOFAREST Syrup in Symptomatic Treatment of Cough – A Multicentric Clinical Trial**

**By KOFAREST Study Group (2004)**

## **OBJECTIVE:**

The purpose of the Study was to evaluate efficacy & safety of a KOFAREST both in Adults & Children presenting with cough in clinical practice as a main symptom.

## **METHODS & MATERIALS:**

182 doctors across large cities in India were involved recruiting over 800 patients. The patients were evaluated on out-patient basis on basis of Cough Frequency, Cough Intensity, Nocturnal Cough & Sleep Disturbance.

## **RESULTS:**

KOFAREST stands out on all efficacy parameters like

96 % reduction in Sleep Disturbance  
88% reduction in Nocturnal Cough  
85% reduction in Cough Frequency  
72% reduction in Intensity of cough

## **CONCLUSION:**

Results in this Multicentric Clinical Trial covering patients suffering from mild to severe degree of cough of varied etiology, demonstrated that KOFAREST syrup is a well balanced, effective & safe preparation for symptomatic relief of cough by patients of all age groups.